



VT MUNCH TIMES

Coming to a Tray near You!

VT Munch Times is a biweekly newsletter brought to you by the Child Nutrition Team at Vermont Agency of Education, designed to include a USDA Policy update, a fun nutrition fact and up-to-date resources for the coming weeks. Look for these updates every other Thursday!

Munch on this:

Policy Update: Did you complete Verification yet?!

It's that time of year again! If you have not already entered your October 1st report, please do so ASAP! And be sure to enter your November 1st numbers when the time comes. If you have any questions please contact Nancy Lewis at 802-828-5155 or nancy.lewis@state.vt.us

Here's the link to ZOHO Verification tool: <https://creator.zoho.com/nancylewis/child-nutrition-vermont-verification-2013-2014#>

Which can also be found on our website:

http://education.vermont.gov/new/html/pgm_nutrition/school_nutrition/program_info.html

Nutrition News: Pumpkins

Pumpkins are one of those great red/orange vegetables that are abundant in the fall. High in beta-carotene, potassium, fiber, and flavor, pumpkins aren't just for jack-o-lanterns, but for lunch too!

Resources:

2013 SNA-VT Annual Conference and Membership Meeting

Friday October 25 at the beautiful Coach Barn at Shelburne Farms! For more information:

http://www.snavt.org/files/Conference_Flyer.pdf

And to register: https://creator.zoho.com/cheryl_4.3.68/vt-school-nutrition-association-fall-conference/#Form:Home

We hope to see you there!

Follow us on Twitter: https://twitter.com/VTED_Nutrition

Healthy lunches from coast to coast

National School Lunch Week (NSLW) 2013 will be held October 14-18, and everyone -- from those overlooking purple mountain majesties to the folks near our country's fruited plains -- is getting an early start on planning. This year's theme, "School Lunch Across the USA," will celebrate the regional cuisine, culture and flavors found in every corner of the country. Check out the online toolkit at www.schoolnutrition.org/nslw for helpful templates, tools, artwork and presentations.

Whole Kids Foundation Accepting Applications for School Garden Grant Program

Grants of \$2,000 are available to public and private K-12 schools in the United States, the United Kingdom, and Canada to help fund school garden projects....

http://foundationcenter.org/pnd/rfp/rfp_item.jhtml?id=431200051

Deadline: October 31, 2013

Posted: July 26, 2013

Disclaimer: *VT Munch Times* provides general information to assist Vermont sponsors of the U.S. Department of Agriculture (USDA) Child Nutrition Programs. It does not represent all federal and state requirements and regulations regarding the operation of USDA school nutrition programs. The inclusion of links to external Web sites does not constitute an endorsement by the Vermont State Agency of Education to the information, products, services or opinions contained therein

VT Munch Times is [archived](#) on the Agency of Education website. For information which is three months or older, or for other questions, please contact Brooke Gannon, Child Nutrition Consultant, at (802) 828-5152 or brooke.gannon@state.vt.us.

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